



Saint Nicholas'

Parish of Carrickfergus & Whitehead



Our Lady of Lourdes

www.carrickparish.org

23rd August 2020

21st Sunday of the Year Cycle A Week 1

Fr. Peter Owens PP,VF

Parochial House,
8 Minorca Place,
Mount St. Nicholas,
Carrickfergus
Co. Antrim, BT38 8AU
Tel: **028 9336 3269**

Email:
carrickfergus@
downandconnor.org

Website:
www.carrickparish.org

Bulletin Notices to be submitted to the parish email address by 12 noon Wed

Requiescant in Pace



Anniversaries

Margot Crymble
Gerard Mulholland

Eternal rest grant unto them,

O Lord, and let perpetual light shine upon them.

*May they rest in peace.
Amen*

Returning to the Public Celebration of Mass

Significant steps have been taken to make the Churches ready for public Mass. *Anyone who is unwell; exhibits symptoms of Covid-19 or who are at increased risk from the virus, should remain at home.*

To comply with social distancing requirements; the churches can accommodate:

‘Mount St Nicholas’ has a capacity for **38 individuals/household units.**

‘Our Lady of Lourdes’ has a capacity for **15 individuals/household units.**

Important points to note when attending mass:

- ◆ Please hand sanitise, on entering and exiting the Church. Sanitising dispensers are located at the entrance doors.
- ◆ Avoid touching all door handles or hard surfaces. Doors will be kept open at all times to ensure ventilation in the church.
- ◆ There will be a one-way system in place and two metre distancing will be strictly adhered to at all times.
- ◆ Stewards will be present to show you to your seat. Seats are marked with an indicator where you can sit.
- ◆ Stewards will guide the congregation’s movements at Holy Communion and while in the Church.
- ◆ Face coverings should be worn by those attending. Please remove your facemask before approaching the priest for Holy Communion.
- ◆ Weekly Collection Envelopes can be put in the marked Collection Box as you enter the Church.

We would like to invite those with Surnames in the following alphabet order to Mass on the assigned Sundays in the month of August.

(If people come in a shared car, the Driver’s Surname is applicable).

Sunday	Whitehead 9.30am
Today	N-Q
30th August	R-Z

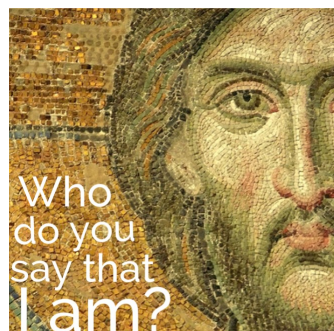
Sunday	Carrick 11.30am
Today	Mc
30th August	N-Z

An A-Z list for September will be published in next week’s bulletin.

UPDATED RECOMMENDATION FACE COVERINGS IN CHURCHES

Following consultations with public health authorities, Church Leaders are formally recommending the use of face coverings at all Masses and other liturgical celebrations, along with the ongoing maintenance of 2 metre physical distancing. It should be noted that some people are exempt from the wearing of face coverings, as outlined in public health agency guidance: <https://www.nidirect.gov.uk/articles/coronavirus-covid-19-face-coverings> It has become clear that the wearing of face coverings, in conjunction with hand washing etc, is likely to reduce the spread of Coronavirus, thus helping to protect others. The use of face coverings is therefore one way in which we can evidence protection for the most vulnerable, support for our health workers and practical love for our neighbour.

'Who do people say that the Son of Man is?'



Mass on the Parish Website

Fr. Peter will celebrate Sunday Mass for **21st Sunday of the Year** from Our Lady of Lourdes Church, Whitehead

PRAYER FOR SPIRITUAL COMMUNION:

My Jesus, I believe that You are present in the Most Holy Sacrament.
I love You above all things and I desire to receive You into my soul.
Since I cannot at this moment receive You sacramentally,
come at least spiritually into my heart.
I embrace you as if You were already there and unite myself wholly to You.
Never permit me to be separated from You. Amen.

Prayer for a pandemic.

May we who are merely inconvenienced, remember those whose lives are at stake.
May we who have no risk factors, remember those most vulnerable.
May we who have the luxury of working from home, remember those who must choose between preserving their health or making their rent.
May we who have the flexibility to care for our children when their schools close, remember those who have no options.
May we who have to cancel our trips, remember those that have no safe place to go.
May we who are losing our margin money in the tumult of the economic market, remember those who have no margin at all.
May we who settle in for a quarantine at home, remember those who have no home.
As fear grips our country, let us choose love.
During this time when we cannot physically wrap our arms around each other, let us yet find ways to be the loving embrace of God to our neighbours.
Amen.

This Coming Week

24th - 30th Aug

Mon

St. Bartholomew, Apostle

Tues

St. Louis of France
St. Joseph Calasanz, Priest

Wed

Blessed Dominic, England
St. Ninian, Scotland
St. David Lewis, Wales

Thurs

St. Monica

Fri

St. Augustine, Bishop

Sat

The Passion of St. John the Baptist

Sun

22nd Sunday of the Year



The Parish Repository Shop will reopen in September.

Further details next week.



Online Resources for Children making their First Holy Communion

The *Catechetics Council of the Irish Bishops Conference* are producing a series of resources which will be very useful in the preparation of children who will be making their First Holy Communion over the next few weeks.

They will consist of three movie episodes (30mins each) with an accompanying worksheet.

Episode 1: Preparing to Celebrate the Eucharist – Sacrament of Reconciliation has already been uploaded and the remaining episodes will be uploaded as they become available. All episodes and resources are being made available and delivered through the iCatholic player. (<https://www.icatholic.ie/category/sacraments/>)

These will also be available from the Diocesan Website (www.downandconnor.org) for ease of access.

Worksheet Number 1 can be found on the Parish Website to download

Sacramental Preparation

If you have a child who will be in P3, P4 or P7 and who is not attending St. Nicholas' Primary School or Acorn Integrated Primary school and you want your child prepared for First Confession, First Communion or Confirmation, could you **please contact** the Parish Office asap? This is particularly important for Confirmation preparation, as the date for Confirmation can be as early as January.

Mass at St. Mary, Star of the Sea, Whitehouse
<https://www.loughshoreparishes.org/webcam/>

Mass at St. Bernard's, Glengormley
<https://www.churchservices.tv/glengormley/>