



Saint Nicholas'

# Parish of Carrickfergus & Whitehead



Our Lady of Lourdes

[www.carrickparish.org](http://www.carrickparish.org)

30th August 2020

22nd Sunday of the Year Cycle A Week 2

**Fr. Peter Owens PP,VF**

Parochial House,  
8 Minorca Place,  
Mount St. Nicholas,  
Carrickfergus  
Co. Antrim, BT38 8AU  
Tel: **028 9336 3269**

Email:  
carrickfergus@  
downandconnor.org

Website:  
[www.carrickparish.org](http://www.carrickparish.org)

**Bulletin Notices to be submitted to the parish email address by 12 noon Wed**

## Requiescant in Pace



### Recently Deceased

Gerald (Gerry) Moore

#### Anniversaries

Mary Moore,  
Theresa Moore,  
Christopher (Christy) Moore

*Eternal rest grant unto them,  
O Lord, and let perpetual light shine upon them.  
May they rest in peace.  
Amen*

Contact Details for various **Helplines** can be found on the Parish Website.

### Returning to the Celebration of Public Mass

We would like to invite those with **Surnames** in the following alphabet order to Mass on the assigned Sundays in the month of **September**.  
(If people come in a shared car, the Driver's Surname is applicable).

|                  | <b>Mount St. Nicholas'</b> |                  | <b>Our Lady of Lourdes</b> |
|------------------|----------------------------|------------------|----------------------------|
| <b>Sunday</b>    | <b>Carrick 11.30am</b>     | <b>Sunday</b>    | <b>Whitehead 9.30am</b>    |
| <b>6th Sept</b>  | <b>A-E</b>                 | <b>6th Sept</b>  | <b>A-F</b>                 |
| <b>13th Sept</b> | <b>F-L</b>                 | <b>13th Sept</b> | <b>G-M</b>                 |
| <b>20th Sept</b> | <b>M-Mc</b>                | <b>20th Sept</b> | <b>Mc-O</b>                |
| <b>27th Sept</b> | <b>N-Z</b>                 | <b>27th Sept</b> | <b>P-Z</b>                 |

To comply with social distancing requirements; the churches have a capacity of:

**38 individuals/household units in Mount St Nicholas**

**15 individuals/household units in Our Lady of Lourdes**

#### Important points to note when attending mass:

- ◆ Please hand sanitise, on entering and exiting the Church. Sanitising dispensers are located at the entrance doors.
- ◆ Avoid touching all door handles or hard surfaces. Doors will be kept open at all times to ensure ventilation in the church.
- ◆ There will be a one-way system in place and two metre distancing will be strictly adhered to at all times.
- ◆ Stewards will be present to show you to your seat. Seats are marked with an indicator where you can sit.
- ◆ Stewards will guide the congregation's movements at Holy Communion and while in the Church.
- ◆ Face coverings should be worn by those attending. Please remove your facemask before approaching the priest for Holy Communion.
- ◆ Collection Envelopes can be put in the marked Collection Box as you enter the Church.

‘Whoever wishes to come after me must deny himself, take up his cross, and follow me.’

## Mass on the Parish Website

Fr. Peter will celebrate Sunday Mass for **22nd Sunday of the Year** from St. Nicholas’ Church, Carrickfergus



### PRAYER FOR SPIRITUAL COMMUNION:

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace you as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.

### The Parish Repository will reopen from Sun 6th Sept.

We would firstly like to thank parishioners for supporting us with their phone calls over these last number of months.

When the shop does reopens on Sunday 6th it will only be able to accommodate one customer at a time. This is to ensure the safety of yourself and staff, and will follow the same guidelines as other shops.

Due to this limitation, the shop will also be open by appointment for customers. You can contact Anne or Patrick on 07449 749476.

Papers and Magazines will continue to be delivered directly to households, each week, as has happened over the summer months.

### *This Coming Week*

*31st Aug - 6th Sept*

#### **Mon**

St. Aidan of Lindisfarne

#### **Tues**

World Day of Prayer for the Care of Creation

#### **Thurs**

St. Gregory the Great, Pope

#### **Fri**

St. MacNissi, Patron of Connor

St. Cuthbert

#### **Sun**

23rd Sunday of the Year

**Safe Place Webinars by ONUS** training funded by National Lottery Community Fund, can now be booked using the following link: <https://www.eventbrite.co.uk/e/onus-safe-place-webinar-mid-east-antrim-borough-council-tickets-115045648632> Dates of courses are: Fri 4<sup>th</sup>, Wed 9<sup>th</sup>, Thurs 17<sup>th</sup>, Mon 21<sup>st</sup>, and Wed 30<sup>th</sup> Sept.

### *Congratulations*

to our young parishioners who recently received their exam results after what must have been a very stressful few months for all. We wish you all every success in the future, whether returning to school/college, going to university, joining the workforce or moving from primary to secondary education. May God bless you in your endeavours.

### **Online Resources for Children making their First Holy Communion**

The *Catechetics Council of the Irish Bishops Conference* have produced a series of resources which will be very useful in the preparation of children who will be making their First Holy Communion.

They consist of three movie episodes (30mins each) with an accompanying worksheet.

**Episode 1: The sacrament of Reconciliation (or as some call it ‘Confession’) is the focus for this first lesson.**

**Episode 2: In this second lesson for those preparing for Holy Communion, Eleanor and Johanna along with Fr Chris explain more about the different parts of the Mass.**

**Episode 3: In this final lesson, Eleanor and Johanna along with Fr Chris explain how to prepare and practice for receiving Holy Communion for the first time.**

All episodes and resources are being made available and delivered through the iCatholic player. (<https://www.icatholic.ie/category/sacraments/>). They are also available from the Diocesan Website ([www.downandconnor.org](http://www.downandconnor.org)). **Worksheet Number 1,2,3** can be found on the Parish Website.

**Sacramental Preparation** If you have a child who will be in P3, P4 or P7 and who is not attending St. Nicholas’ Primary School or Acorn Integrated Primary school and you want your child prepared for First Confession, First Communion or Confirmation, could you **please contact** the Parish Office asap? This is particularly important for Confirmation preparation, as the date for Confirmation can be as early as January.

**Mass at St. Mary, Star of the Sea, Whitehouse**

<https://www.loughshoreparishes.org/webcam/>

**Mass at St. Bernard’s, Glengormley**

<https://www.churchservices.tv/glengormley/>