

Contact Details for Helplines

Bereavement Support

NI CRUSE Bereavement Care <https://www.cruse.org.uk>

Tel: 0808 808 1677

Carrickfergus Whitehead Bethany Group 07598825187

Depression

AWARE NI Web <http://www.aware-ni.org> Email info@aware-ni.org

Tel: 0845 1202961 or 028 90357820

Domestic Violence/Abuse

Tel: 0808 802 1414

Mental Health

Crisis response Lifeline www.lifelinehelpline.onfo

Tel: 0808 808 8000

Samaritans 116 123

Mid and East Antrim Community Advice Services. (Previously CAB) 10am -2pm

Tel 028 96001333

Society of Saint Vincent de Paul (SVP) North Region

Tel: 02890351561 (or Parish office Tel: 028 93363269)

Safeguarding

If you are concerned about the welfare of a child or young person. Local Social Services offices (Working hours 9am-5pm)

Belfast HSC Trust 028 90507000

Northern HSC Trust 0300 1234 333

Regional Emergency Social Worker (5pm -9am) 028 9504 9999

If you are concerned about the welfare of an Adult. Local Social Services offices (Working hours 9am-5pm)

Belfast HSC Trust 028 9504 1744

Northern HSC Trust 028 9441 3659

Regional Emergency Social Worker (5pm -9am) 028 9504 9999