



Saint Nicholas'

# Parish of Carrickfergus & Whitehead



Our Lady of Lourdes

[www.carrickparish.org](http://www.carrickparish.org)

**21st February 2021 1st Sunday of Lent Cycle B Week 1**

**Fr. Peter Owens PP,VF**  
Parochial House,  
8 Minorca Place,  
Mount St. Nicholas, Carrickfergus  
Co. Antrim, BT38 8AU  
Tel: **028 9336 3269**  
Email:  
carrickfergus@downandconnor.org  
Website: www.carrickparish.org

*The Spirit drove Jesus out into the desert,  
and he remained in the desert for forty days, tempted by Satan.  
He was among wild beasts, and the angels ministered to him.  
After John had been arrested, Jesus came to Galilee proclaiming the gospel  
of God:  
"This is the time of fulfillment. The kingdom of God is at hand.  
Repent, and believe in the gospel."  
(Mark 1:12-15)*

**Bulletin Notices to be  
submitted to the parish  
Email Address  
by 12 noon Wed**

### **PRAYER FOR SPIRITUAL COMMUNION:**

My Jesus, I believe that You are present in the Most Holy Sacrament.  
I love You above all things and I desire to receive You into my soul.  
Since I cannot at this moment receive You sacramentally,  
come at least spiritually into my heart.  
I embrace you as if You were already there and unite myself wholly to You.  
Never permit me to be separated from You.  
**Amen.**

### **Requiescant in Pace**



### **Anniversaries**

Patricia Devenny  
Bernadette Smith  
Jackie Moore

*Eternal rest grant unto them,  
O Lord, and let perpetual light shine  
upon them.  
May they rest in peace.  
Amen*

### **Parish WebCam**

**Mass is streamed live, from St. Nicholas' at 11.30am each Sunday.  
The link for Masses are located on the front page of the Parish Website.  
These are also available to watch on YouTube. Just enter  
'carrickparish' when searching on YouTube to watch on your home TV.**

### **Extension of the Covid-19 Shut-down to 1st April 2021.**

Mass will be livestreamed and available on the Parish Website.  
Individual visits for private prayer are also permissible.  
Funerals and Weddings are permitted but numbers are limited to **25** persons.  
Families will need to nominate those 25 people, and let them know they can  
attend. A Track & Trace list with the names & contact numbers should be  
forwarded to the parish office beforehand.  
A useful summary of the current regulations, along with links to further  
detail and useful advice can be found at:  
<https://www.nidirect.gov.uk/articles/coronavirus-covid-19-regulations-guidance-what-restrictions-mean-you>

### **Private Prayer**

Our churches will be opened  
at the following times.

**Our Lady of Lourdes  
Sunday 9.30am to 10.30am**

**Mount St. Nicholas'  
Sunday 12.30pm to 1.30pm**

*Please check, website for  
updates.*

### **LENTEN PIONEER PLEDGE**

Many people choose to abstain from alcohol during Lent. Why not take this opportunity to perhaps help yourself or someone you know with an alcohol or drug problem by offering your sacrifice for freedom from addiction? Please consider taking the short-term Lenten Pledge and make a difference to someone's life and say the following daily prayer. **PRAYER:**" I promise in honour of the Sacred Heart of Jesus and with the help of the Blessed Virgin Mary to abstain from all alcoholic drink during Lent."

### Lenten Stations of the Cross

Please join us for a Parish Stations of the Cross for Lent (by St. Alphonsus Ligouri), which will be recorded and made available on the Parish YouTube channel from Thursday 25th February. Access will be the same as searching for the recorded Masses. The Liturgy Group.

**Prayers for Lent** can be found on the *More* section of the Parish Website.

### St. Nicholas' Primary School

Places are still available for Primary 1 starting school in September 2021. Please contact the school office on 028 93 351149 or email [www.stnicholasps.org.uk](http://www.stnicholasps.org.uk) for any further information.

### Prayer of Blessing for Healthcare Workers

Loving Father and giver of all life, You are our support; you are always with us.

During these long and trying times of pandemic and fear gift these caregivers with perseverance and a vision of hope.

Hear our prayers for doctors and nurses, allied health professionals and scientists, care assistants and support workers, chaplains and counsellors, and all support workers who are on duty every day, caring for those who are suffering, those who are weak and in need of help.

Bless the lives that have entered into the suffering of another.

Bless the arms that have embraced the sick with compassion.

Bless the hands that have comforted the dying and held the dead.

Bless these caregivers to whom we commend all of the sick, the suffering and the aged.

Give strength and courage to our care givers to be instruments of Your everlasting love for all those who need your protection. We ask this in the name of Christ the Healer, your Son and our Lord, who lives with you and the Holy Spirit, God forever and ever. Amen.

### World Day of Prayer 2021

The service for this year's event will be recorded, due to the current Covid-19 restrictions. The service, which was held in Our Lady of Lourdes church last year, is being recorded by the Presbyterian Church in Islandmagee, which was due to organise the event in our area for this year. The theme this year is "Build on a Strong Foundation". The host country is Vanuatu, an island country located in the South Pacific Ocean, about 1,000 miles east of northern Australia. Information on Vanuatu and the service is on the web site of [www.wwdp.org.uk](http://www.wwdp.org.uk). To view the local service, recorded in advance, go to [www.islandmageepc.org](http://www.islandmageepc.org) from Friday 5th March. If you would like to make a donation in support of this global event, you can either use the Donate button at the top of the [www.wwdp.org.uk](http://www.wwdp.org.uk) web site or give a contribution to Gerardine Stewart, who can be contacted on 028 93353700.

### PRINTED BULLETINS

With continued high levels of the Covid-19 virus and to help reduce the risk of transmission in the community; the PPC has made the decision to **print the parish bulletin every fortnight**. This version will contain all the announcements and items, for the two week period. The weekly online version will continue to be uploaded onto the parish website, every Friday. We would encourage parishioners who can access the parish website, to do so. This will help us to reduce the printed copies to be circulated.

### Looking for something to do this Lent? Something prayerful?

Aishling and Louise from the Living Church team will be facilitating our 5 week **Lectio Divina** programme written especially for Lent in Lockdown.

We have three options for you to join in;  
Monday at 7pm beginning on Monday 15th Feb  
Thursdays at 1:30pm beginning on Thursday 18th Feb  
Thursdays at 7pm beginning on Thursday 18th Feb

To join simply send an e-mail to [livingchurch@downandconnor.org](mailto:livingchurch@downandconnor.org)  
And we will send you the zoom link.

### This Coming Week

22nd Feb - 28th Feb

#### Mon

Chair of St. Peter, Apostle

#### Tues

St. Polycarp, Bishop

#### Sun

Second Sunday of Lent



Due to Covid 19 restrictions, we have been unable to carry out visits to bereaved families in the parish. If you wish to talk to someone call 07598825187, or leave a message and someone from the group will get back to you .

### Readings for Sun 28th Feb

Genesis 22: 1-2, 9-13, 15-18  
Romans 8: 31-34  
Mark 9: 2-10

**StopCOVID NI App.** <https://www.health-ni.gov.uk/publications/stopcovid-ni-app-explainer-leaflet>  
See the Parish Website for more info.

**Mass at St. Mary, Star of the Sea, Whitehouse**  
<https://www.loughshoreparishes.org/webcam/>

**Mass at St. Bernard's, Glengormley**  
<https://www.churchservices.tv/glengormley/>